

Dance

9/8 /09 –1/30/10; 18 weeks; No class 11/25-11/28 & 12/21-1/2

Beck Center Dance program is supported by the Lynda Sackett Endowment for Dance Education and The James Kurtz memorial Endowment Fund

Tuition: is based on an 18-week session unless otherwise noted

	1 class/week*	2 classes/week*	3 classes/week*	4 classes/week*
Paid in Full in advance	\$185	\$340	\$475	\$580
Installments				
2 nd payment due 11/1/09	\$92.50**/\$92.50	\$170**/\$170	\$237.50**/\$237.50	\$290**/\$290
Preballet, Preschool Dance	\$165	\$275		
Preschool Dance				
Installments				
2 nd payment due 11/1/09	\$82.50**/\$82.50	\$137.50**/\$137.50		
4-class pack)	\$50			

**Multiple class rate applies to siblings under the age of 18

Apparel

Appropriate dance apparel is required in all classes.

Ballet, Pointe: Youth/teens wear black camisole leotard, ballet pink tights, pink leather ballet slippers (split sole for levels 3 to 6), and hair in a bun.

Adult women wear black leotard, ballet pink tights, pink leather ballet slippers, and hair off neck and fastened close to head.

Boys and adult men wear white T-shirt or black leotard, black tights, black dance belt, and black ballet shoes.

Preballet, Preschool Dance: Girls wear black short sleeve or capped sleeve leotard, ballet pink tights, pink leather ballet slippers, and hair in a bun. Boys wear white T-shirt or black leotard, black tights, and black ballet shoes.

CaribFunk, Dance Fitness, GYROKENISIS®, Tone & Stretch: Leotard and tights or nonrestrictive clothing and bare feet or ballet slippers

Kids-n-Dance: Ballet attire or nonrestrictive clothing for children.

Hip Hop: Jazz boot or oxford, or hip hop split sole tennis shoe.

Modern Jazz: Black leotard, black jazz pants, black jazz shoe.

Modern Dance: Footless tights.

Tap: Low heel preferred. Oxford for adults. Single teletone tap.

Early Childhood Dance

(Ages 3 to 7) Tuition: see above & Location: see chart below



Kids-N-Dance (Ages 2 ½ to 4) *Instructor: Melanie Szucs*

Children participate in dance related activities to foster a love of movement while enhancing gross motor skills, balance, creativity, and listening skills. Parent/caregiver participates in each class.

Friday 9:15 to 9:45 am; 7 weeks; Session 1: 9/11-10/23 Session 2: 12/4/09-1/29/10 (no classes 12/25 & 1/1)

Tuition: \$60.00; Each additional child \$45 ; Or register for the full 14 weeks (9/11-1/29) at the discounted rate of \$108 with each additional child \$80. Adults are free, but must register.

Preschool Dance (Ages 3 to 4)

Introduction to the art of dance with age-appropriate music, creative movement, gross motor skills, simple dance steps, and the use of props.

Friday; 12:00 to 12:45 pm *Instructor: Melanie Szucs*

Saturday; 9:00 to 9:45 am *Instructor: Heather Sakai*

Preballet (Ages 4 to 7)

An introduction to movement, rhythm, creative dance, coordination, and flexibility. Children learn strengthening and alignment exercises along with simple ballet and folk dance steps.

Preballet 1 (Ages 4 to 5)

Monday; 4:00 to 4:45 pm *Instructor: Melanie Szucs*

Friday; 9:45 to 10:30 am *Instructor: Melanie Szucs*

Friday; 12:45 to 1:30 pm *Instructor: Melanie Szucs*

Saturday; 9:45 to 10:30 am *Instructor: Heather Sakai*

Preballet 2 (Ages 5 to 6)

Wednesday; 5:00 to 5:45 pm *Instructor: Melanie Szucs*

Thursday; 6:00 to 6:45 pm *Instructor: Melanie Szucs*

Friday; 1:30 to 2:15 pm *Instructor: Melanie Szucs*

Saturday; 10:30 to 11:15 am *Instructor: Heather Sakai*

Preballet 3 (Ages 6 to 7)

Thursday; 4:15 to 5:00 pm *Instructor: Melanie Szucs*

Saturday; 11:15 am to 12:00 pm *Instructor: Heather Sakai*

Youth Dance

(Ages 7 to 15) Tuition: (page ##) & Location (page ##)

Ballet & Pointe

All classical ballet stresses placement, theory, terminology, and technique (eclectic - primarily Russian).

Ballet 1 (Ages 7 to 12)

An introductory class for first-year students.

Wednesday; 6:00 to 7:00 pm *Instructor: Jennifer Whitten*

Saturday; 9:00- to 10:00 am; *Instructor: Melanie Szucs*

Ballet 2 (Ages 8 to 12) *Instructor: Melanie Szucs*

For students with at least one year previous ballet training.

Monday; 4:45 to 5:45 pm;

Saturday; 10:00 to 11:00 am

Ballet 3 (Ages 9 to 13)

For students with at least two years previous ballet training. Two classes per week recommended.

Monday; 6:00 to 7:00 pm *Instructor: Anna Roberts*

Thursday; 5:00 to 6:00 pm *Instructor: Melanie Szucs*

Saturday; 11:00 am to 12:00 pm *Instructor: Melanie Szucs*

Ballet 4 (Ages 10 to 15)

For students with at least three years previous ballet training. Two classes per week required; three classes per week recommended.

Monday; 4:45 to 6:00 pm *Instructor: Anna Roberts*

Thursday; 5:45 to 7:00 pm *Instructor: Jennifer Whitten*

Saturday; 12:00 to 1:15 pm. *Instructor: Melanie Szucs*

Ballet 5 (Ages 11 to 15) *Instructor: Melanie Szucs*

For students with at least four years previous training. Three classes per week required.

Monday; 5:45 to 7:00 pm

Saturday; 1:15 to 2:30 pm

Pointe 1&2 (Ages 11 to 15) *Instructor: Melanie Szucs*

Three classes per week and permission of instructor required.

Wednesday; 5:45 to 7:00 pm

Hip Hop, Jazz & Tap**Hip Hop 1** (Ages 8 to 12) *Instructor: Richard Larkin*

'90s urban street dance with jazz warm-up and cool-down.

Thursday; 5:00 to 6:00 pm

Hip Hop 2 (Ages 9 to 13) *Instructor: Richard Larkin*

For students with one year of Hip Hop.

Thursday; 6:00 to 7:00 pm

Jazz 1 & 2 (Ages 8 to 12) *Instructor: Megan Pitcher*

Contemporary American dance as seen on television and on stage in musical theater

Tuesday; 5:00 to 6:00 pm

Jazz 3 (Ages 9 to 13) *Instructor: Megan Pitcher*

For students with two years previous jazz training.

Tuesday; 6:00 to 7:00 pm

Jazz 4 (Ages 10 to 15) *Instructor: Susan Cesa*

For students with three years previous jazz training.

Monday; 7:00 to 8:00 pm

Tap 1 (Ages 7 to 11) *Instructor: Mimi Schwensen;*

American rhythmic movement with emphasis on clarity of sound, musicality, placement, and standard tap vocabulary.

Tuesday; 4:15 to 5:00 pm

Tap 2 (Ages 8 to 12) *Instructor: Mimi Schwensen*

For students with one year of tap.

Tuesday; 6:00 to 6:45 pm

Tap 3 (Ages 9 to 14) *Instructor: Mimi Schwensen*

For students with two years of Tap.

Tuesday; 5:00 to 6:00 pm

Teen/Adult Dance

Tuition: see above & Location: See chart below

Ballet (Teen/Adult)

All classical ballet stresses placement, theory, terminology, and technique (eclectic - primarily Russian).

Ballet 1 *Instructor: Jennifer Whitten*

Thursday; 8:15 to 9:15 pm

Ballet 2

For students with one year of Ballet.

Monday; 8:30 to 9:30 pm *Instructor: Kelly Brunk*

Tuesday; 6:45 to 8:00 pm *Instructor: Mimi Schwensen*

Saturday; 12:45 to 2:00 pm *Instructor: Mimi Schwensen*

Ballet 2/3 *Instructor: Melanie Szucs*

For students with two years of previous ballet training.

Friday; 10:30 am to 12:00 pm

Ballet 6 *Instructor: Melanie Szucs*

For students with at least 4 years of previous ballet training. Pointe shoes optional.

Monday; 7:00 to 8:30 pm

Wednesday; 6:45 to 8:15 pm



Ballet 7 *Instructor: Melanie Szucs*

For the advanced or preprofessional dancer; permission of instructor or Associate Director required. Pointe shoes optional.

Wednesday; 7:00 to 8:30 pm

Thursday; 6:45 to 8:15 pm

Contemporary Ballet 6 *Instructor: Kelly Brunk*

Fuses classical ballet and modern dance technique allowing the dancer to explore an expanded vocabulary of dance using strict ballet lines, floorwork, and working with the internal rotation of the legs.

Wednesday; 7:00 to 8:15 pm



Contemporary Ballet 7 *Instructor: Kelly Brunk*

For the advanced and preprofessional dancer; permission of instructor or Associate Director required.

Monday; 7:00 to 8:30 pm



Ballet 6&7 Center Work *Instructor: Melanie Szucs*

Class focused on center work including turns, jumps, and combinations across the floor.

Saturday; 2:30 to 4:00 pm

Dance Workshop *Artistic Director: Melanie Szucs*

A performing company for serious Beck Center dancers who study at least three lessons per week. One class and company rehearsals are offered at no charge to trainee, apprentice and full company members. Auditions are 9/21 at 8:30 pm

Monday and Wednesday; 8:30 to 9:15 pm

Hip Hop, Modern Dance, Jazz & Tap

Hip Hop 1 *Instructor: Richard Larkin*

'90s urban street dance with jazz warm-up and cool-down for the first year student.

Thursday; 7:00-8:00 pm

Hip Hop 2 *Instructor: Susan Cesa*

One year of Hip Hop required.

Monday; 8:00 to 9:00 pm

Modern Dance 1 *Instructor: Megan Pitcher*

Explores the dynamics and fundamental principles of movement. Bartenieff based warm-up and center sequences emphasize strength, alignment, breath support and physical mobility for contemporary phrase work and repertory.

Tuesday; 7:00 to 8:30 pm



Modern Dance 2 *Instructor: Joan Hartshorne*

Emphasis on Hawkins technique of efficiency of movement and Limon technique of movement expression. One year of Modern Dance required.

Saturday; 3:00 to 4:15 pm

Jazz 1 *Instructor: Kelly Brunk*

Contemporary American dance as seen on television and on stage in musical theater.

Wednesday 8:15 to 9:15 pm

Jazz 2 *Instructor: Susan Cesa*

One year of modern jazz required.

Thursday; 7:00 to 8:15 pm



Jazz 3 *Instructor: Susan Cesa*

Permission of instructor or Associate Director required.

Thursday; 8:15 to 9:30 pm

Tap (Teen/Adult)

American rhythmic movement with emphasis on clarity of sound, musicality, placement, and standard tap vocabulary.

Tap 1 *Instructor: Mimi Schwensen*

Saturday; 12:00 to 12:45 pm

Tap 2 *Instructor: Mimi Schwensen*

One year of tap required.

Saturday; 2:00 to 3:00 pm

Tap 3 *Instructor: Mimi Schwensen*

Two years of Tap required.

Tuesday; 8:00 to 9:00 pm

Special Offerings

Tuition: see above & Location: see chart below

NEW

Tone & Stretch (Adult) *Instructor: Lynda Sackett*

Dance and somatic exercises will enhance flexibility, strength, endurance and muscle tone along with postural alignment and fluidity of movement.

Wednesday; 12:00 to 1:15 pm

NEW

CaribFunk (Teen/Adult) *Instructor: A'Keitha Carey*

Classical ballet and modern technique treading on the boundaries of traditional African and Caribbean movement and implications. This class exhibits culture, tradition, funk, and fusion. It is pulsating, percussive, and rhythmic. Styles of music include but are not limited to Afro-Cuban jazz, reggae, soca, calypso, salsa, and percussion.

Wednesday; 7:00 to 8:00 pm; 4 weeks; 11/4-12/2; No class 11/25; Tuition:: \$50

NEW

Dance Fitness (Adult) *Instructor: Richard Larkin*

Have fun and dance your way to fitness with this high energy cardio class complete with warm-up and cool down.

Thursday; 8:00 to 9:00 pm; 8 weeks; 10/1-11/19; Tuition:: \$85

GYROKINESIS® (Adult) *Instructor: Joan Hartshorne*

Develops articulation of the spine, increases flexibility, and strengthens core stomach and back muscles. Uses breath with movements done seated on mats and standing.

Tuesday 10:00 to 11:00 am

Please scroll down for the Dance week-at-a-glance schedule

Fall 2009 Dance Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Preballet 1 Ages 4-5 4:00-4:45 pm Szucs CA	GYROKINESIS® Adult 10:00-11:00 am Hartshorne CA	Tone & Stretch Adult 12:00-1:15 pm Sackett CA	Preballet 3 Ages 6-7 4:15-5:00 pm Szucs	Kids-N-Dance Ages 2 ½-4 9:15-9:45 am Szucs	Preschool Dance Ages 3-4 9:00-9:45 am Sakai
Ballet 2 Ages 8-12 4:45- 5:45 pm Szucs CA	Tap 1 Ages 7-11 4:15-5:00 pm Schwensen	Preballet 2 Ages 5-6 5:00-5:45 pm Szucs	Ballet 3 Ages 9-13 5:00-6:00 pm Szucs	Preballet 1 Age 4-5 9:45-10:30 am Szucs	Ballet 1 Ages 7-10 9:00-10:00 am Szucs MA
Ballet 4 Ages 10-15 4:45-6:00pm Roberts	Tap 3 Ages 9-14 5:00-6:00 pm Schwensen	Pointe 1&2 Ages 11-15 5:45-7:00 pm Szucs	Hiphop 1 Ages 8-12 5:00-6:00 pm Larkin CA	Ballet 2&3 Adult 10:30 am-12:00 pm Szucs	Preballet 1 Ages 4-5 9:45-10:30 am Sakai
Ballet 5 Ages 11-15 5:45-7:00 pm Szucs CA	Jazz 1&2 Ages 8-12 5:00-6:00 pm Pitcher CA	Ballet 1 Ages 8-12 6:00-7:00 pm Whitten CA	Ballet 4 Ages 10-15 5:45-7:00 pm Whitten MA	Preschool Dance Ages 3-4 12:00-12:45 pm Szucs	Ballet 2 Ages 8-12 10:00-11:00 am Szucs MA
Ballet 3 Ages 9-13 6:00-7:00 pm Roberts	Tap 2 Ages 8-12 6:00-6:45 pm Schwensen	Contemporary Ballet 6 Teen/Adult 7:00-8:15 pm Brunk CA	Preballet 2 Ages 5-6 6:00-6:45 pm Szucs	Preballet 1 Ages 4-5 12:45-1:30 pm Szucs	Preballet 2 Ages 5-6 10:30-11:15 am Sakai
Jazz 4 Ages 10-15 7:00-8:00 pm Cesa CA	Jazz 3 Ages 9-13 6:00-7:00 pm Pitcher CA	Ballet 7 Teen/Adult 7:00-8:30 pm Szucs	Hiphop 2 Ages 9-13 6:00-7:00 pm Larkin CA	Preballet 2 Age 5 1:30-2:15 pm Szucs	Ballet 3 Ages 9-13 11:00 am-12:00 pm Szucs MA
Contemporary Ballet 7 Teen/Adult 7:00-8:30 pm Brunk	Ballet 2 Teen/Adult 6:45-8:00 pm Schwensen	CaribFunk Teen/Adult 7:00-8:00 pm/4 weeks Carey MA	Ballet 6&7 Teen/Adult 6:45-8:15 pm Szucs		Preballet 3 Ages 6-7 11:15 am-12:00 pm Sakai
Ballet 6 Teen/Adult 7:00-8:30 pm Szucs MA	Modern Dance 1 Teen/Adult 7:00-8:30 pm Pitcher CA	Jazz 1 Teen/Adult 8:15-9:15 pm Brunk CA	Jazz 2 Teen/Adult 7:00-8:15 pm Cesa MA		Ballet 4 Ages 10-15 12:00-1:15 pm Szucs MA
Hip Hop 2 Teen/Adult 8:00-9:00 pm Cesa CA	Tap 3 Teen/Adult 8:00-9:00 pm Schwensen	Dance Workshop Teen/Adult 8:30-9:15 pm Szucs	Hiphop 1 Teen/Adult 7:00-8:00 pm Larkin CA		Tap 1 Teen/Adult 12:00-12:45 pm Schwensen
Ballet 2 Teen/Adult 8:30-9:30 pm Brunk			Dance Fitness Adult 8:00-9:00 pm/8 weeks Larkin CA		Ballet 2 Teen/Adult 12:45-2:00 pm Schwensen
Dance Workshop Teen/Adult 8:30-9:15 pm Szucs MA			Jazz 3 Teen/Adult 8:15-9:30 pm Cesa MA		Ballet 5 Ages 11-15 1:15-2:30 pm Szucs MA
			Ballet 1 Teen/Adult 8:15-9:15 pm Whitten		Tap 2 Teen/Adult 2:00-3:00 pm Schwensen
					Ballet 6 & 7 Center Work Teen/Adult 2:30-4:00 pm Szucs MA/CA
					Modern Dance 2 Teen/Adult 3:00-4:15 pm Hartshorne